

Cooper Karate and Jujutsu Center and
Living Right Good Academy
Of Health and Wellness
In cooperation with Lear's Martial Arts
Academy present

Dayan "Wild Goose" Qigong 1 course

The 1st 64 step form with the energy and acupuncture theory will be taught in this course. Course is 16-20 hours long depending on the size of the group, and includes handout material and DVD to go with the physical training. A training certificate thru Lear's Martial Arts Academy will be issued on completion of the material. Wild Goose is a system of Qigong that is 1800 years old but only taught to the public in the last 30 years. The first 64 movements are used for purging bad energy and collecting and storing new energy. This is a complete Qigong system and safe for anyone to practice. Shane Lear will be instructing and learned the form directly from the 28th generation lineage holder Master Chen Chuan Gang in Wuhan, China. Do not miss your chance to learn this life changing form. Great for Martial Artists, Massage therapists, or anyone looking for an alternative to Western exercise.

This course will be held at Cooper Karate and Jujutsu Center 2814 Lebanon Pike, Nashville, TN 37214.

This will be a 2 day course on Saturday March 6th and Sunday March 7th, 2010. Class times will be 9:00 a.m. until 4:30 p.m. both days with a 30 min. lunch break.

Cost is \$130 for both days which includes a booklet and DVD of the form. Participants must pre-register. Only 30 spaces will be available for this class. Don't miss this rare opportunity to learn this health and longevity form!

Registration form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Total Enclosed: \$130

Mail to: Steve Cooper 2716 Overhill Circle, Nashville, TN 37214. For more info Call 615-975-7733.